

Chicken Philly Cheesesteak

Serving Size: 2 Hoagie Rolls/ Hot Dog Buns and about ½ cup chicken mixture

Ingredients:

(2) Tbsp butter

(1) green bell pepper, sliced

(1/2) onion, sliced

(1/4) cup Dale's Steak Seasoning sauce

(1-2) pounds chicken breast

salt

pepper

12 oz shredded mozzarella cheese, divided

hoagie rolls/ hot dog buns

Directions:

Spray crock pot with non-stick cooking spray.

Add butter, onions and green bell pepper.

Toss chicken with steak seasoning, salt and pepper. Add to crock pot.

Cover and cook on low 4-5 hours (or until fully cooked).

Heat oven to broil.

Remove chicken and shred with a fork or stand up mixer. Salt and pepper more if needed.

Return to crock pot and cook on low for 15 minutes.

Put 2-3 spoonful of crock pot mixture into each hoagie roll or hot dog bun.

Put ½ oz of shredded cheese on each roll/ bun. Place on a baking sheet covered in aluminum foil and put in oven for 3-5 minutes or until cheese is melted.

Ingredients

	Calories	Carbs	Fat	Protein	Sodium	Sugar
Zaycon - Cooked Chicken Breast, 2 lbs	960	0	16	200	720	0
Vegetable - Green Bell Pepper, 1 whole	5	1	0	0	1	1
Vegetables - Yellow Onion, 1/2 large	25	5	0	1	3	3
Butter - Unsalted, 2 tbsp	204	0	23	0	3	0
Dale's - Steak Seasoning Reduced Sodium Blend, 1/4 cup	160	8	12	8	2,800	4
Kraft Natural Shredded Cheese - Mozzarella 2% Milk Part Skim, 12 oz	420	6	30	42	1,080	0
Aldi - Loven Fresh Hot Dog Buns, 24 buns	2,640	552	36	96	4,080	72

Total:	4,414	572	117	347	8,687	80
Per Serving:	368	48	10	29	724	7